



Royal Australasian

College of Surgeons

Trainees Association

RACSTA Virtual Induction Conference Program

Saturday
11 November 2023

Contact:

T: +61 3 9249 1212

E: racsta@surgeons.org

www.surgeons.org





2023 RACSTA Induction Conference

Congratulations on being selected into the Surgical Education and Training (SET) Program! Your many years of hard work have culminated in a rather exciting and rewarding new chapter of your career.

During the coming years, you will undoubtedly encounter new challenges unique to SET, while discovering a myriad of opportunities beyond the operating theatre. The 2023 Induction Conference is designed to prepare you with tips and tricks to make the most of your training and successfully navigate the course.

Join us to hear from surgical leaders who will inspire with their personal stories, and equip you with knowledge and confidence to succeed in SET.

On behalf of the RACS Trainees' Association (RACSTA), it gives us great pleasure to invite you to the 2023 Induction Conference.

We look forward to meeting you all soon.



Dr Ngoc Ha
General Surgery Trainee



Dr Mathew Doyle
Cardiothoracic Surgery
Trainee



Dr Christina Matthews
Otolaryngology Head
and Neck Surgery
Trainee

RSVP by 10 November 2023 via [registration link](#)

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Major sponsor

ETHICON



Program

10:00am - 4:30pm

10:00AM | OPENING

10:05AM | WELCOME

– RACS President A/Prof. Kerin Fielding and RACSTA Chair Dr Justin Parr

10:25AM | RURAL HEALTH EQUITY STRATEGY

– A/Prof. Kerin Fielding

10:50AM | ACADEMIC SURGERY AND RESEARCH

– Sponsored by Elsevier
– Dr Suellyn Centauri

11:20AM | WOMEN IN SURGERY

– Dr Pecky De Silva

11:50AM | BULLYING AND COMPLAINTS PROCESS AT RACS

– Dr John Quinn

12:20PM | BREAK

– Sponsored by MIPS

1:00PM | UNIQUE CHALLENGES DURING TRAINING

– Dr Ngoc Ha and Dr Nelson Granchi

1:30PM | FLEXIBLE TRAINING

– Dr Stephen Kunz

2:00PM | TRAINEE FEEDBACK

– Debbie Paltridge

2:30PM | BREAK

2:50PM | SPONSOR SESSION

– Avant Presents: Medico-Legal Matters
Peter Harris

3:30PM | SPONSOR SESSION

– Ethicon presents: Blood Management – A/Prof. Shannon Farmer

4:30PM | CLOSING



Ethicon presents:
Patient Blood Management:
From Theory to Practice



Saturday 11th November
3:30pm – 4:30pm



Royal Australasian College of Surgeons
250-290 Spring St
Melbourne VIC 3002

Overview

This educational session aims to educate attendees on the theory and clinical evidence of Patient Blood Management (PBM) through and how this impacts surgical patients. Topics covered in the session will include defining PBM, risk factors for adverse patient outcomes and how to apply the three pillars of PBM to clinical practice.

Faculty



A/Prof. Shannon Farmer

DHSc

A/Prof. Farmer is an academic researcher and consultant, one of the pioneers of Patient Blood Management, having been in the field for over 30 years. He holds appointments at The University of Western Australia and Royal Perth Hospital. He is on the World Health Organization (WHO) External Steering Committee for the WHO Guidance for Implementation of Patient Blood Management, the Executive Committee of the Western Australia Patient Blood Management Group, a Scientific Associate of the International Foundation for Patient Blood Management, and a founding member of the Society for the Advancement of Patient Blood Management (SABM). Since 2008, A/Prof. Farmer has been on the National Blood Authority (Australia) Clinical Reference Group developing and updating the Australian Patient Blood Management Guidelines and the Jurisdictional Blood Committee governing the transition to a Living PBM

Guideline. A/Prof. Farmer has published over 50 peer-reviewed research publications, 32 abstracts, 8 book chapters, and two books. He is the lead author of the 2023 PBM compendium, "Blood Works: An Owner's Guide. What Every Person Needs to Know BEFORE They are a Patient." and has received international awards for his work.

Invited Speakers



**ASSOCIATE PROFESSOR KERIN FIELDING
RACS PRESIDENT**

Associate Professor Kerin Fielding was the first female Orthopaedic Surgeon in NSW and has established a successful career in Wagga Wagga over the past 30 years working at the Wagga Wagga Base Hospital and Calvary Healthcare Riverina. Kerin has special interests in surgery of the Hip, Knee, Spine, and Trauma.

She is a leader in surgical education and training and is the Chair of the NSW Clinical Surgical Training Council for the Health Education and Training Institute (NSW Health), and the Clinical Lead for specialty surgery Notre Dame University, Wagga Wagga Campus. Kerin is also a senior course director of the Early Management of Severe Trauma course for the Royal Australasian College of Surgeons (RACS) and serves on the National EMST committee (RACS).

Associate Professor Fielding is a strong advocate for improvements in rural health care. She has campaigned for better treatment of osteoporosis, chairing the working party for the establishment of the Osteoporosis Liaison service (Greater Southern Area Health Service). She has been a member of the National Scientific Committee of Osteoporosis Australia and is on the executive of the National Hip Fracture Registry.

In 2015 Associate Professor Fielding was elected to the Council of the Royal Australasian College of Surgeons and has been re-elected twice. In 2023 she was elected by Council to the role of President. She is also leading the Rural Health Strategy for the College.

Her work has been recognised with several awards; Royal Australasian College of Surgeons medal for service to education and Rural Surgery in NSW 2012; Surgical trainee supervisor of the year (RACS) for NSW 2021; meritorious service award from the Australian Orthopaedic Association(AOA) 2021; Graham Coupland Memorial award and lecture(RACS) 2022.



DR JUSTIN PARR – CHAIR, RACSTA

Dr Justin Parr is in his final year of training as a Plastic and Reconstructive Surgery Trainee. He is currently based in Auckland. Dr Parr has been intimately involved in the administration and development of surgical training, through roles with RACSTA, the NZ Board of Plastic & Reconstructive Surgery, various hospital and university positions and in research work relating to junior doctor training and welfare.



**DR STEPHEN KUNZ – CLINICAL LECTURER
WITH THE UNIVERSITY OF MELBOURNE**

Dr. Steve Kunz is a post-exam general surgical registrar with an interest in upper GI, abdominal wall, robotic and endoscopic surgery, along with critical care and surgical education. He is a clinical lecturer with the University of Melbourne, RACS EMST instructor, and has taught overseas in Timor Leste.

He has undertaken successful research projects in optimising surgical outcomes in critical situations, trauma education in medical students, and the epidemiology of pancreatitis, and is enjoying his final rotation at a busy peripheral hospital.

He is also passionate about improving the wellbeing of Trainees as they progress and is the current Chair of the Austin/Northern trainee association, and is a staunch advocate of flexible training.

Outside of work he enjoys cooking, rock-climbing, and spending time with his cats and very pregnant wife.



**DEBORAH PALTRIDGE – RACS HEAD
OF EDUCATION SERVICES**

Deborah Paltridge is the Head of Education Services and the RACS Principal Educator. She has been working in medical education for the past 20 years and has worked extensively in the areas of supporting junior doctors education, training and assessment, faculty development for supervisors, simulation and curriculum development. In 2022, she was awarded an honorary Fellowship of the College.



**DR JOHN QUINN – RACS EXECUTIVE
DIRECTOR FOR SURGICAL AFFAIRS**

Dr Quinn is a vascular surgeon until recent retirement from clinical work. Prior to that was Director of Vascular Surgery at Princess Alexandra Hospital Brisbane. Previously he has been Chair of the Vascular Surgery Training Committee and an examiner and then Senior examiner in Vascular Surgery.

Dr Quinn was the Vascular Surgery specialty elected Councillor in College Council before being appointed as Executive Director for Surgical Affairs about some years ago.

In that position he is the senior surgeon on RACS Staff, and deals with supporting surgeons and trainees and SIMGs, in many ways and especially with respect to RACSTA is very involved in the well being and support of trainees who experience bullying, harassment or sexual harassment. In addition, he assists in managing grievances and the Appeal process within RACS. Along with the Aotearoa NZ Surgical Advisors he is always available for advice and guidance.

Invited Speakers



DR SUELLYN CENTAURI – COLORECTAL RESEARCH FELLOW AT MONASH HEALTH

Dr Suellyn Centauri (FRACS, PGDipSurgAnat, BMBS, BBIomedSci(Hons)) is an Australian General Surgeon experienced in clinical and laboratory research. Dr Centauri is currently in her second year as the Colorectal Research Fellow at Monash Health in Victoria after completing a research year with Cabrini Health. She is currently collaborating on projects with the Cabrini Institute, Monash Health Translational Precinct, Hudson Institute and Victorian Cancer Council. Dr Centauri vigorously advocates for physician wellbeing and workforce support and academia, and apart from her role on the Women in Surgery Committee for the Royal Australasian College of surgeons, she sits on the surgical committee for the Australian Gastro Intestinal Trials Group: Annual Scientific Meeting and previously held roles as the RACSTA National Representative for Victoria with positions on the Victorian State Committee, Academic Surgical Committee and Australian Medical Association Doctors In Training Committee. Her other passions include clinical education program development and delivery as well as pursuing quality in healthcare service provision.



DR PECKY DE SILVA – CHAIR, WOMEN IN SURGERY

Dr Pecky (Upeksha) De Silva is a Vascular Surgeon who practices in Sydney. She is the Chair of Women in Surgery. The Chair of the Staff Medical Council at Hornsby Ku-ring-gai Hospital and the Director of Surgical Services at the Sydney Adventist Hospital. She is married and has one daughter and a Labrador.



ASSOCIATE PROFESSOR SHANNON FARMER DHSC

Associate Professor Shannon Farmer is an academic researcher and consultant, one of the pioneers of Patient Blood Management, having been in the field for over 30 years. He has academic appointments at The University of Western Australia Discipline of Surgery, Medical School, and the Department of Haematology at Royal Perth Hospital. He is on the World Health Organization (WHO) External Steering Committee for the WHO Guidance for Implementation of Patient Blood Management, the Executive Committee of the Western Australia Patient Blood Management Group, a Scientific Associate of the International Foundation for Patient Blood Management, and a founding member of the Society for the Advancement of Patient Blood Management (SABM). Since 2008 he has been on the National Blood Authority (Australia) Clinical Reference Group developing and updating the Australian Patient Blood Management Guidelines and the Jurisdictional Blood Committee governing the transition to a Living PBM Guideline. He is Executive Section Editor, Patient Blood Management, for the journal *Anesthesia & Analgesia*.

Shannon has published extensively, with over 50 peer-reviewed research publications, 32 abstracts, 8 book chapters, and two books, on patient blood management implementation, and transfusion practice and outcomes. He is the lead author of the 2023 PBM compendium, "*Blood Works: An Owner's Guide. What Every Person Needs to Know BEFORE They are a Patient.*"

He has received international awards for his work, including the Society for the Advancement of Patient Blood Management (SABM) Dr Kathleen J Sazama Award "For Outstanding Leadership in Advancing Patient Rights and Patient Blood Management."



DR NGOC HA – RACSTA INDUCTION CONFERENCE CONVENER

Dr Ngoc (Hoang) Ha is a SET 4 South Australian General Surgical Trainee and has worked in most of the hospitals in NT and SA, giving her a strong understanding of the system that the Trainees work in. She is currently undergoing a Masters by research in Breast Cancer Biology. In addition to being this year's RIC Convener, Dr Ha is on the RACSTA Executive as the Support and Advocacy Portfolio representative. Previously, she has served on RACSTA as the South Australian and Northern Territory Region Trainee Representative on RACSTA, 2022 RIC Co-convener and ASC 2023 Trainee Convener.



PETER HARRIS – AVANT GUEST SPEAKER

Peter is a senior associate at Avant Law, assisting doctors with a range of cases including civil medical negligence proceedings, coronial inquiries, Medical Board investigations, Medicare reviews, criminal proceedings and privacy breaches, amongst other matters. Peter has a background in both health and medical law, as well as policy development and has published and presented his research at several conferences across Australia and New Zealand. He formerly worked as legal counsel in the Office of the Chief Coroner of New Zealand and regularly appeared as counsel assisting the coroner in inquests.





A final message to incoming Trainees from Plastic and Reconstructive Surgery Trainee and 2023 RACSTA Chair, Dr Justin Parr

As a SET Trainee, you are both a member of RACS and a member of RACSTA. The RACSTA Committee is comprised of representatives from each region and specialty. The Committee is engaged with all aspects of RACS' College business, to ensure the trainee voice is heard and understood. Being a trainee and a member of RACSTA means you are eligible to join the Committee. The experience of representing your fellow trainees interests is invaluable, and a great privilege. The Committee is also an excellent avenue for building relationships with colleagues from other specialty groups. If you would like to join the RACSTA Committee, please get in touch via racsta@surgeons.org

Quick reference card

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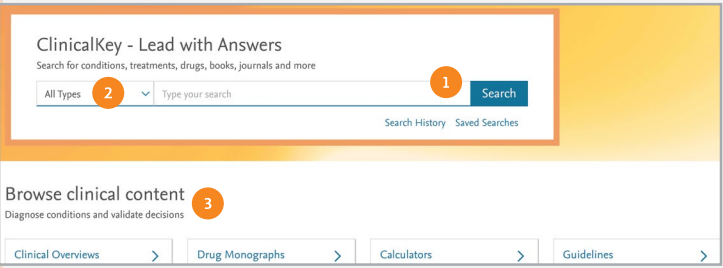
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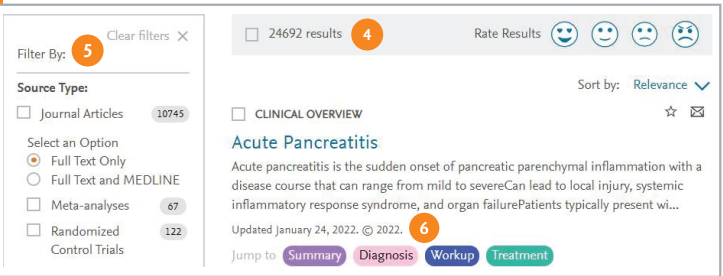
1. Ensure you have already created a personal account.
2. Visit clinicalkey.com.au within your institutional network or IP range.
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4. Click your **user profile menu** in the top, right corner and select **Remote Access** from the drop-down.
5. Input your **institutional email address** (it should be your username) and click **continue** to generate an activation email.
6. Open the activation email within 60 minutes and click the **activate** your remote access link.

Searching and browsing in ClinicalKey

- 1 Start by typing in the **search box** on the homepage. Autosuggest will offer shortcuts.
- 2 Access **scoped search** from anywhere in ClinicalKey next to the search bar. Limit results by content type or restrict search to within a publication.
- 3 **Browse** by content type by using the links in the section under the search bar or use the **browse** tab at the top of any other page.

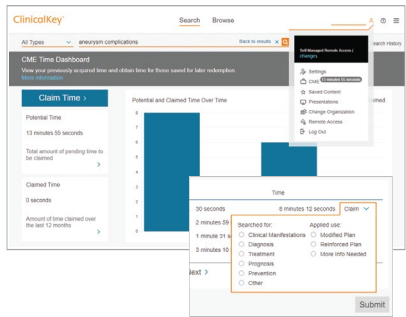


- 4 The **search results** page will display results ranked by relevancy, based on search term.
- 5 **Filter** results by source type, specialty, or date.
- 6 Click on the **colour-coded shortcuts** that take you directly to the clinical workflow.



CME/CPD credit through ClinicalKey

1. Login to your personal account. As you search and open eligible content, your search and time spent reading will be automatically recorded as potential CME/CPD.
2. Access your **CME/CPD dashboard** from your user profile menu at the top right of the desktop version of the site. Within the dashboard, click on **claim credit**.
3. Select the query you want to claim, submit evaluative feedback, click **submit** and print the certificate. You have two years from the date of accrual to claim.



Presentation Maker

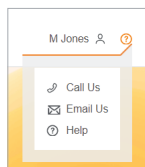
Use the Presentation Maker to create presentations quickly and easily.

1. Click the Presentation Maker icon on search and browse results to add images to a presentation.
2. Access **presentations** in your user profile menu to create and edit presentations.
3. Click **export** to convert your presentation to PowerPoint or Keynote.



Support resources

- Click on the **Resource Center** link in the footer section of clinicalkey.com.au to view learning and implementation materials and register for upcoming training sessions.
- For technical assistance, click on the question mark icon on the top right of the website. Contact us or click **help** to visit our FAQs. You can also email customerengagement@elsevier.com



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Conduct research using Medline, Embase, Trip Pro and more. Need help? Fill in the [literature search request form](#), our experienced library team will search the databases and provide you with a list of relevant results.

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Online chat

