

Welcome to your CPD Newsletter

In the first edition of 2023, we are focusing on the following areas which will help get you prepared for the year ahead.

- Finalising your 2022 CPD
- Update: Areas of Practice
- Getting started in 2023
- New CPD Activity - Surgeon Wellbeing eLearning Module now available
- CPD App, A Must Have in 2023!
- Do you know a PGY 3+ doctor looking for a CPD Home?
- Introducing the Renewal of Endoscopy Skills and Training (REST) Program
- What PD is RACS offering in 2023?
- Register for the 91st Annual Scientific Congress!
- Help and support.

[Log in to CPD Online](#)

Finalising your 2022 CPD

Thank you to the more than 65% of participants who are compliant with their CPD requirements for the period ending on 31 December 2022.

If you haven't finalised your CPD, this is now overdue. Please login to [CPD Online](#) or download the [CPD App](#) to check if you have any outstanding requirements to finalise your participation.

We know that some of our Aotearoa New Zealand Fellows are facing on-going hardship due to weather events. I would like to extend my best wishes to all impacted and encourage those in need of an extension to contact the CPD Team.

The team can be contacted on +61 3 9249 1282 or at cpd.college@surgeons.org and are available Monday to Friday from 9am-5pm (ACST).
CPD online

Update: Area of Practice

Following feedback we received regarding the available options of areas of practice for General Surgery, 'Vascular surgery' has been added.

We are also reviewing and updating other specialties in the coming weeks. If you have any suggestions, please contact us at cpd.college@surgeons.org

Getting started in 2023

In 2023, the CPD program will return to a standard 12-month period from 1 January until 31 December 2023. Your CPD requirements are as follows.

CATEGORY	STANDARD (ANNUAL)	MINIMUM REQUIREMENT
CPD Plan	Complete a CPD Plan	One (1) per annum
Education Activities	Complete education activities	At least two (2) activities Minimum 40 points per annum
Audit	Complete an audit of self/own practice Complete an audit of surgical mortality	At least one (1) audit. Complete ANZASM surgical audit case forms are required Minimum 10 hours per annum
Performance Review	Complete two (2) performance review activities	Complete at least one (1) 'Performance of Self' activity Complete at least one (1) 'Performance of Others' activity Minimum 15 hours per annum

New Activity - Surgeon Wellbeing eLearning Module Now Available

Surgeon wellbeing can impact individuals, the quality of care we provide to patients and how we work as teams.

RACS has launched a Surgeon Wellbeing eLearning module to highlight key challenges and promote the shared responsibility for wellbeing. The module is an introduction to surgeon wellbeing and is part of the suite of free microlearning activities available to you.

Based on the Wellbeing Charter for Doctors and developed by the RACS Wellbeing Working Group, the module covers wellbeing challenges, protective factors and promotes the important message that we all have a part to play to advance surgeon wellbeing - individuals, colleagues, leaders, hospitals, medical colleges and jurisdictions. The module also provides an overview of wellbeing resources and support options for RACS members.

The module is an approved activity in the CPD program, and your participation will be automatically recorded.

Complete the [Surgeon Wellbeing eLearning](#) module today.

CPD App - A must have in 2023!

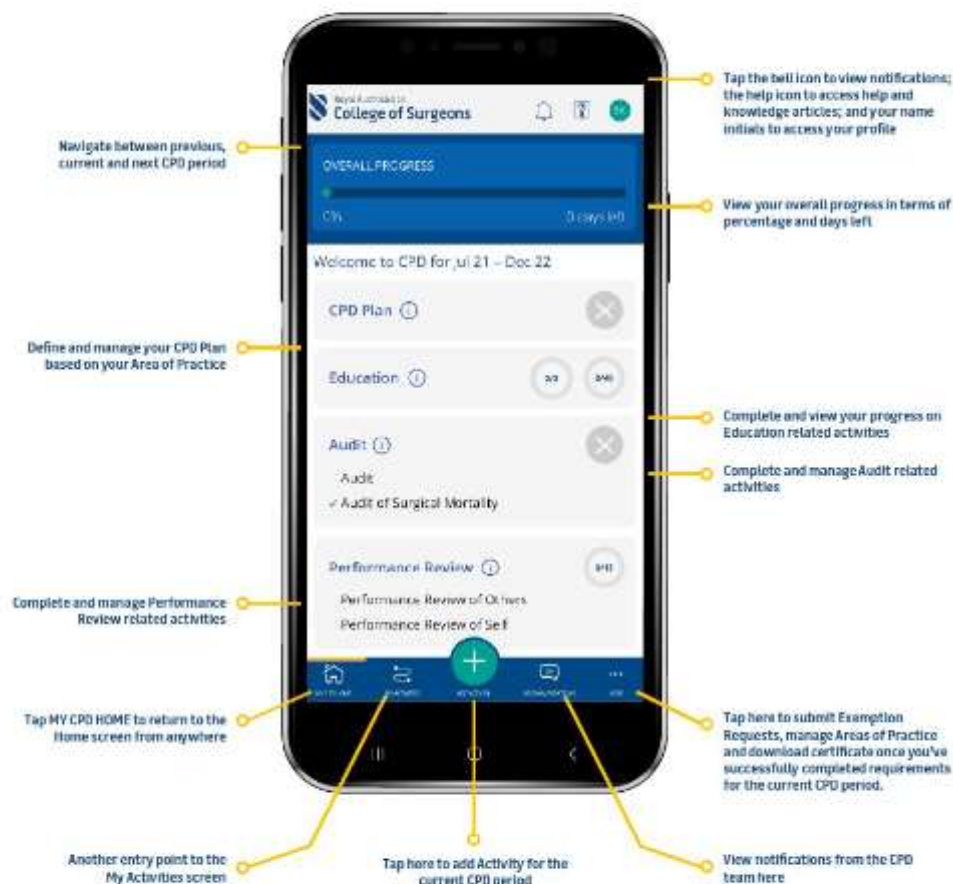
To help proactively record your CPD activities on the go, the CPD App is a great resource to assist you in completing your CPD requirements this year.

The CPD App provides you with the ability to do the following in the palm of your hand:

- Take a photo of the agenda for the meeting you are attending to upload your activity
- Plan and detail your CPD Plan
- Define and manage your areas of practice and
- View your overall progress in meeting the CPD program requirements

Further details regarding the CPD App are available [here](#), including the steps to follow to download and get started using the app today.

With the CPD mobile app, you can complete your CPD activities on-the-go! It is intuitive, easy to use, and provides you with the flexibility to complete your CPD activities as per your individual CPD Plan.



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RACS CPD mobile app

Your CPD in the palm of your hand!



Need help?

Email us at cpd.college@surgeons.org or call +61 3 9249 1282
Our team is available Monday to Friday from 9am-5pm (AEST).

Get started

Download the RACS CPD app for iPhone, Android and Windows



Start using the app today!



Download the new CPD App

Do you know a PGY 3+ doctor looking for a CPD Home?

RACS will soon launch CPD for PGY 3+ and above and other medical professionals. If you know a doctor or colleague who is looking for a CPD Home, they can register their interest via the RACS [website](#) or can contact the team to discuss.

Introducing the Renewal of Endoscopy Skills and Training (REST) Program

RACS has established a pilot colonoscopy peer support program, the Renewal of Endoscopy Skills and Training (REST) Program. Overseen by endoscopists who have significant experience in endoscopy, the program is tailored to the individual needs to the endoscopist requiring support which could include peer review of audit data; on-site visit; clinical attachment to a peer or other professional development activity. The program is founded on the principle of collegiality, with the emphasis on patient safety and quality endoscopy. For more information or to express an interest in participating in the program, please write to surgical.endoscopy@surgeons.org

What PD is RACS offering in 2023?

To assist you in selecting the right Professional Development courses for you, an interactive 'Guide to Professional Development' has been developed.

This guide allows you to explore available learning opportunities at RACS and helps you to identify courses that will meet your professional development and CPD needs. To begin, you can access the Guide to Professional Development [here](#).

The following list of activities are taking place between now and the end of May 2023.

Face to Face courses

1. [Non-Technical Skills for Surgeons](#): 30 March, Auckland / 18 May, Brisbane
2. [Operating with Respect - Fellows](#): (multiple dates and locations below)
 - 6 May, Sydney
 - 23 May, Brisbane
 - 24 May, Adelaide

Online Courses

1. [Conflict and You](#): 12 May
2. [Foundation Skills for Surgical Educators](#): 2 April, 8 May - 18 June
3. [Induction for Surgical Supervisors and Trainers](#): 2 - 16 May
4. [Keeping Trainees on Track](#): 1 - 30 April, 1 - 31 May
5. [Process Communication Model Key](#): 1 - 30 April, 1 - 31 May

Webinars

[Educator Studio Session](#): 27 April

Featuring Associate Professor David Storey on 'Design and Use of Realistic Meshed Silicone Models in Surgical and Endoscopic Teaching.'

For support in booking any of these activities or general queries, please contact the Professional Development [team](#). A full list of events and activities is viewable here on the RACS [website](#).

More information about the range of activities you can claim for your CPD can be found in - "Appendix 1 - RACS CPD Activity List and Caps" within the [CPD Guide](#).

For Help and Support

If you have any questions about the CPD app, CPD online or require assistance in completing your CPD requirements, the CPD Team is here to help.

If there is a topic you'd like covered in an upcoming newsletter, please let us know.

Please get in touch with us at cpd.college@surgeons.org or +61 3 9249 1282.
Our team is available Monday to Friday from 9am-5pm (ACST).

Kind Regards

Associate Professor Kerin Fielding
Chair, Professional Standards

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