

# **CPD Newsletter**

Your passion, your pathway, your CPD

### Welcome to your December Newsletter

In the latest edition of your CPD newsletter we are looking at,

- The year in review
- Completing your 2023 CPD
- Calendar of Events 2024
- Structured Conversations
- Te Tiriti Activity
- · Help and Support

## The year in review

The Professional Standards team has had a busy year engaging with our colleagues.

The year started, with the CPD team attending the 15th Asia Oceania ORL\_HNS Congress in Brisbane, RACS ASC in Adelaide, GSA and ANZSVS in Queensland. While travelling to the conferences, the team has taken the opportunity to work in our State and Territory offices, which has lead to higher engagement and your feedback is pivotal in delivering a quality program to you.

The States and Territories have run some great events on topics such as Women in Leadership, eMobility Symposium, Preparation for Practice and the Tri State Webinars.

This year we also have seen the commencement of Renewal of Endoscopist Skills and Training (REST) program. The REST program has been implemented as a pilot colonoscopy peer support program in Australia and Aotearoa New Zealand

# **Completing your 2023 CPD**

As the year draws to an end, its time to start thinking about entering your CPD activities for 1 January 2023 to 31 December 2023. Log in to CPD Online or download the CPD App to complete your requirements.

Your CPD activities are due no later than 28 February 2024.

If you have been experiencing hardship, please contact the team to discuss an exemption.

If you have been selected for verification - Don't stress! The team have developed a document on what supporting documentation you can upload to your activities. You can find this on the website

Chloe and Kate can be contacted on +61 3 9249 1282 or at cpd.college@surgeons.org and are available Monday to Friday from 8am-6pm (ADST)

### Calendar of Events 2024

The team is currently working with the STANZ's and other teams to develop a College wide calendar of events, including workshops, symposiums, conference and education activities that all can be found in one place.

Keep your eye out for further updates in the CPD newsletters next year.

### Structured Conversation with a Peer

There has been a lot of discussions around the structured conversation. The Medical Council of New Zealand (MCNZ) requires all medical practitioners in Aotearoa New Zealand to complete an annual structured conversation with a peer. The aim of this requirement is to provide a stronger emphasis on planning and evaluation of learning throughout the year. This can defined as a conversation with a peer, colleague or employer to discuss outcomes of data from activities already undertaken, your personal reflection on your practice, learning goals, professional development, and well being.

To help you record this activity, you will find a section in your CPD plan to indicate you have completed the structured conversation. Yu can also record this under "Performance review of Self"

# **TeTiriti Activity**

Cultural competency CPD course: Its on us!

Cultural competency is one of RACS 10 competencies and as a College, we want ti do more to help you upskill in this area. As such, we are offering 215 free enrolments to a workshop we think is an excellent foundation for further learning. It is open to all Aotearoa New Zealnd Fellows and SIMG's participating in the RACS CPD program.

There are a limited number of places so get in quick.

The course run by Groundwork, is a 2.5 hour self-paced online workshop. Called Understanding Te Tiriti (Concise) it offers succinct and powerful insights into Te Tiriti o Waitangi covering pre-treaty relationships, the treaty itself, colonisation and its impacts and current Te Tiriti issues. The RACS team in Aotearoa has completed the course and the feedback was excellent. The course will earn you 3 CPD points.

If you are interested or would like to find out more, please contact CPD.Activities@surgeons.org

# **Help and Support**

If you have any questions about CPD requirements or need assistance completing your CPD requirements, please reach out to Chloe Santin or Kate Burgess for assistance.

If there is a topic you would like covered in an upcoming newsletter, please let us know.

The CPD team can be contacted on + 61 3 9249 1282 or cpd.college@surgeons.org and are available Monday to Friday 8am to 6pm (ADST).

Please note that the office will be closed from 5pm Friday 22nd December and will reopen 8am Tuesday 2nd January 2024.

Kind regards

Professor Chris Pyke Chair, Professional Standard



Happy Holidays and all the best to you in the year to come!

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