

# Saying 'No': A physician's perspective

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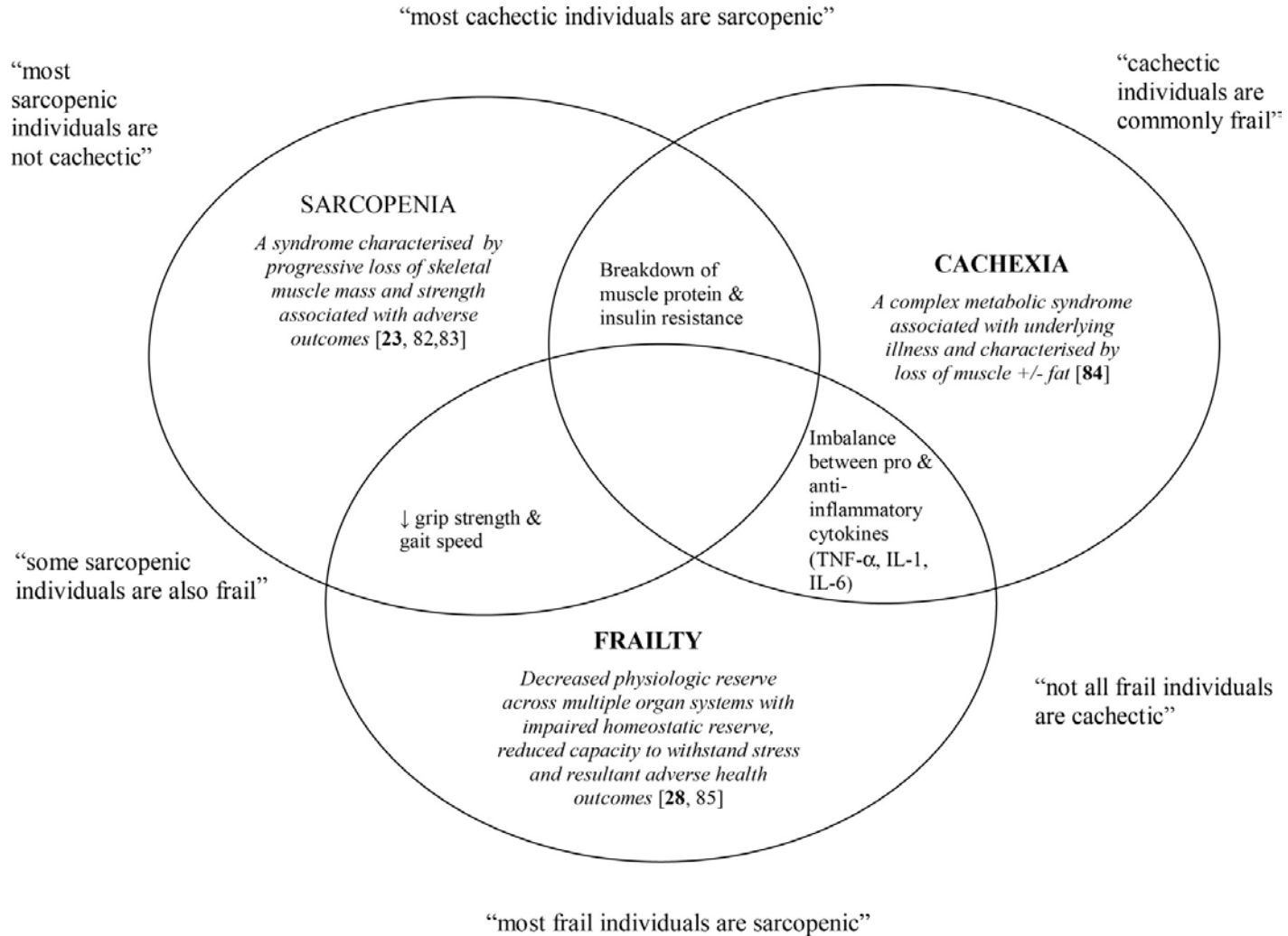
# Disclaimer

- All opinions are my own and may be lacking in evidence

# Three key points

- Frailty, Sarcopaenia and Cachexia
- Setting 'palliative care frameworks' prior to surgical intervention
- Teamwork

# Overlapping geriatric syndromes.



Partridge J S L et al. *Age Ageing* 2012;41:142-147

# Communication, palliative surgery and frailty: complex decision making



Teamwork:  
leaders  
active followers

